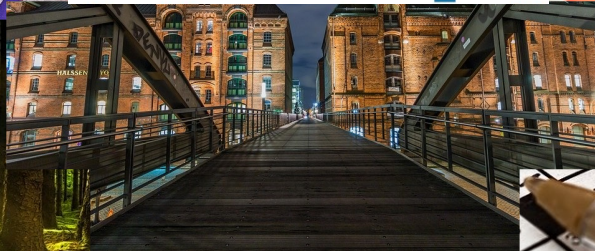
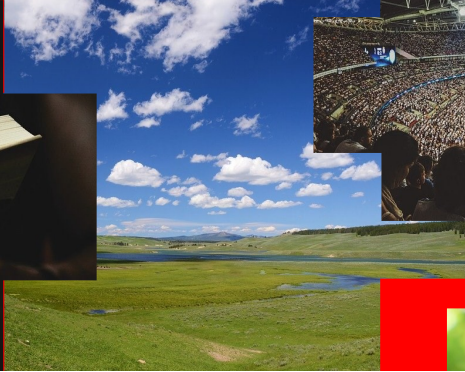


# 'food for thought'

## December 2020

### Your Distraction Pack

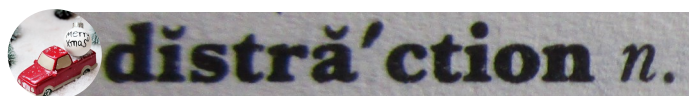






Welcome to the December issue of 'food for thought', your distraction pack.

***Dictionary definition of***



*"Something that prevents someone from giving their attention to something else"*

*"An activity that you do for pleasure"*

RECOOP has been working with older individuals with convictions (in prisons and the community) for over ten years and recognises the importance of keeping active, both physically and mentally. We have been producing these packs for over four years now with recipients finding them a fun, informative and educational distraction.

We hope you enjoy the puzzles, activities, reading matter.

The answers are given at the back, so if you don't want to know what they are, don't look beyond page 25!

We wish you all a Happy Christmas and a safe and healthy new year.



Can you find all 12 of these little images hidden in this issue (excluding this one)?

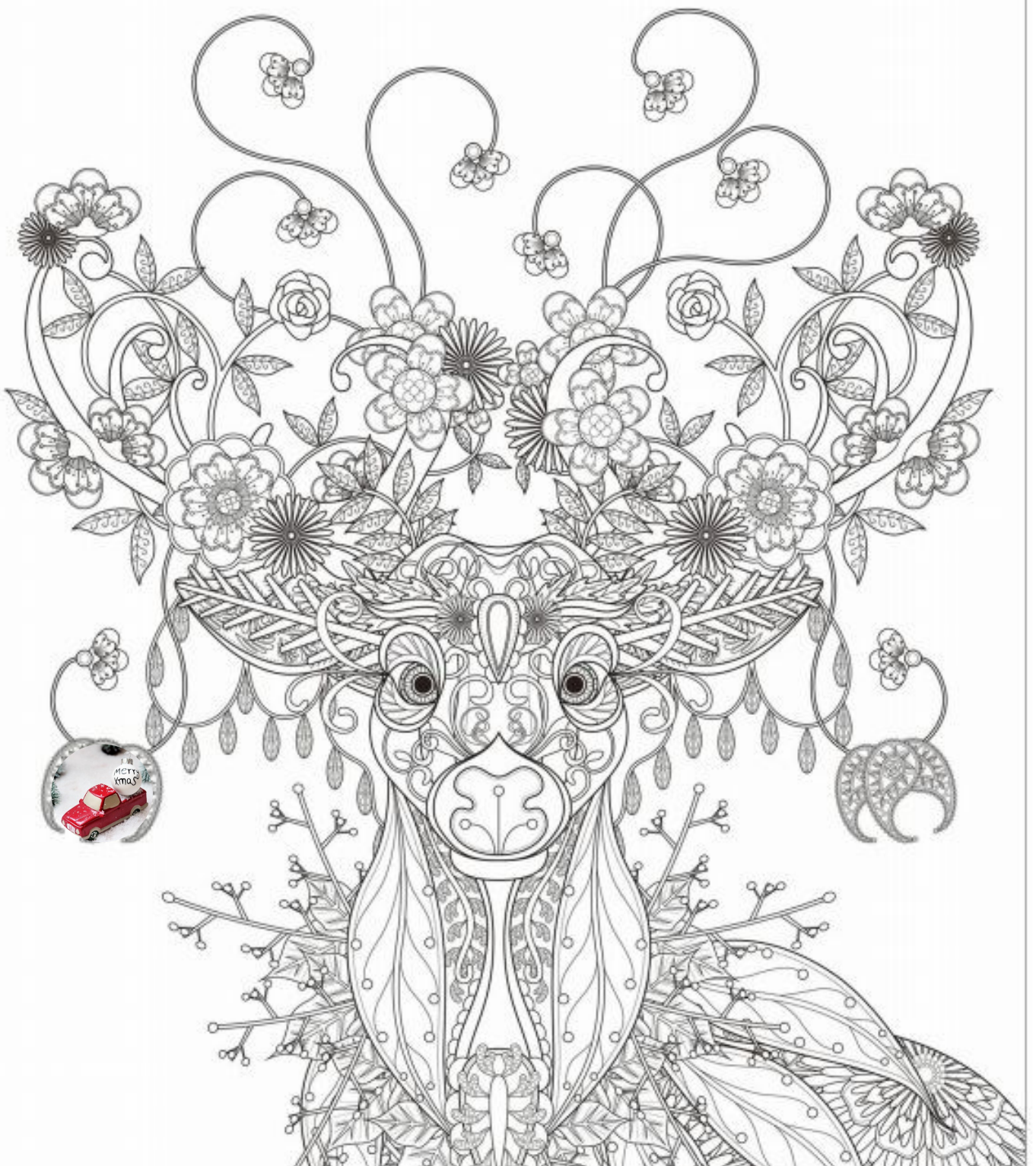






## Activity - Colouring

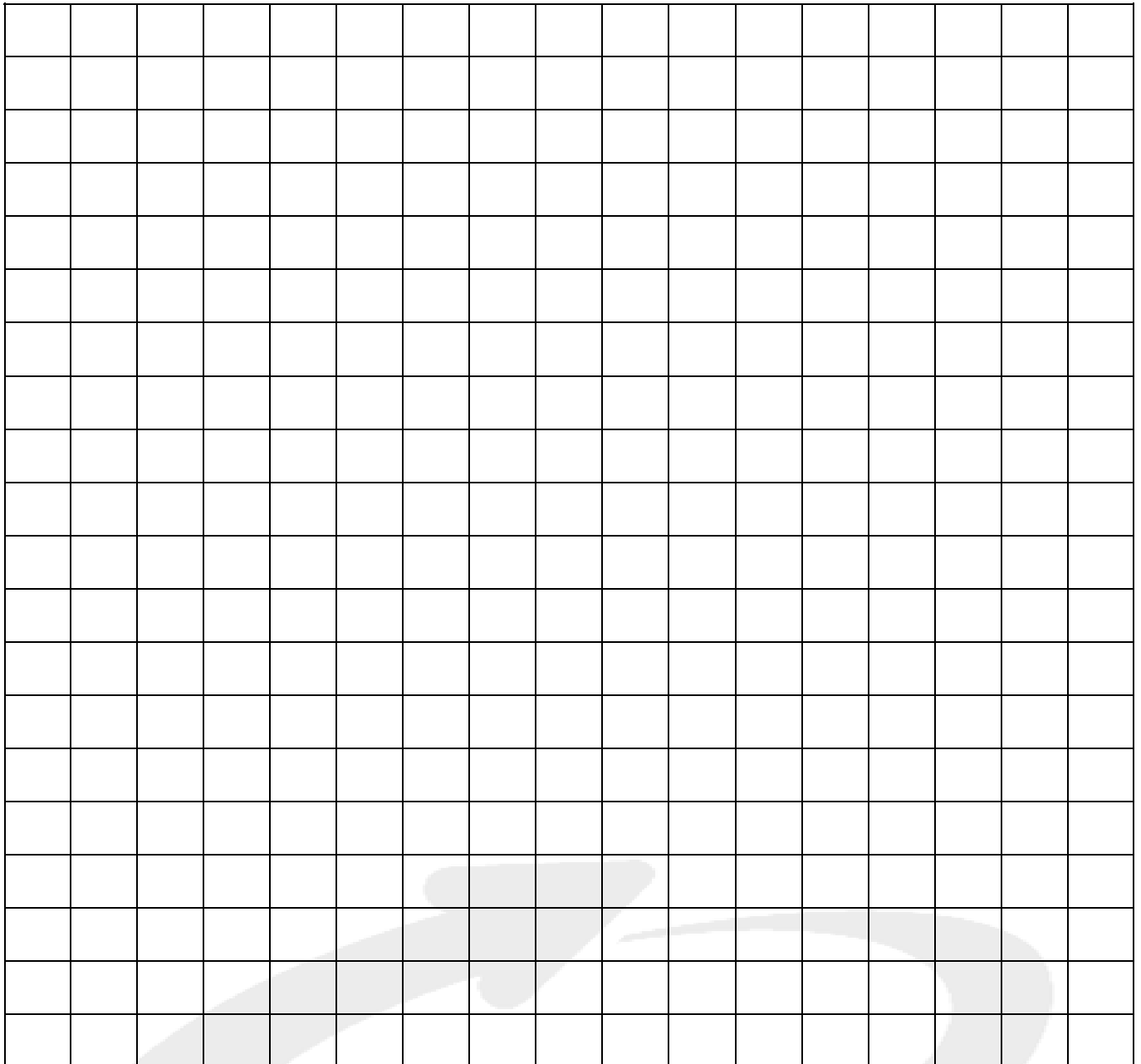
If you don't have coloured pencils, try using different shades of grey.





## Activity - Blank Word Search - Christmas theme

This month, try and create your own Word Search using the grid and words below.



SANTA CLAUS  
ADVENT  
ANGELS  
NORTH POLE  
BETHLEHEM  
CHIMNEY

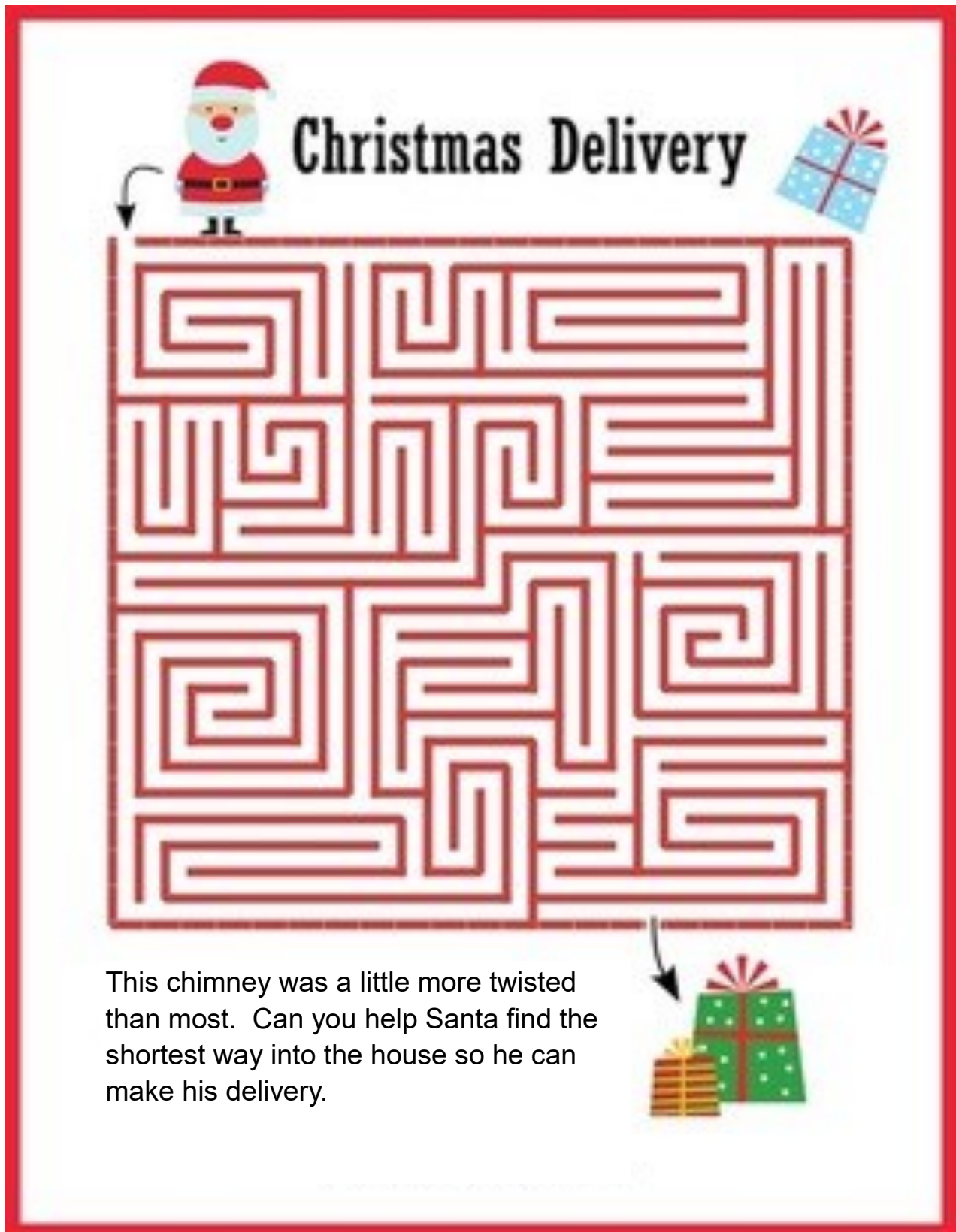
REINDEER  
DECEMBER  
CHRISTMAS TREE  
GREETINGS  
HOLLY  
TURKEY

MISTLETOE  
PLUM PUDDING  
HOLIDAY  
TINSEL  
WREATH  
JINGLE BELLS

LIGHTS  
RUDOLPH  
PRESENTS  
DECORATIONS  
GINGERBREAD  
STUFFING



## Activity - Christmas Delivery Maze







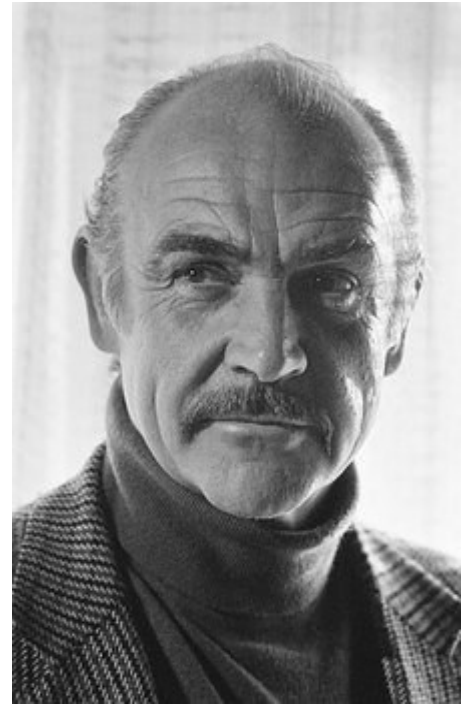
## All about ..... Sean Connery

**25 August 1930 – 31 October 2020**

**Looking back on the life of Scotland's finest actor**

Sean Connery began his theatrical career as an extra in the chorus, playing bit parts and modelling. From those modest beginnings, he became an international film icon. Many believe that his talent and appeal continued to improve with time.

His humble beginnings, growing up in a working class neighbourhood in Edinburgh, gave no indication of the achievements that were destined to come. Sean was born into a working class family in August of 1930. The oldest of two boys, he spent much of his youth working at menial jobs, just to get by. He left school at an early age and went to work fulltime.



At sixteen, he enlisted in the Royal Navy. Like many young men in the Navy, he opted for a tattoo. However, unlike many tattoos, his were not frivolous – his tattoos reflected two of his lifelong commitments: his family and Scotland. After six decades, his tattoos still reflected those two ideas: One tattoo is a tribute to his parents and reads “Mum and Dad” and the other is self explanatory, “Scotland Forever.”

After three years of Naval service, a long bout with a stomach ulcer shortened his “naval career”. He returned to Edinburgh and seemed to settle into a life of hard work: bricklayer, lifeguard and coffin polisher. Sean spent much of his free time bodybuilding, a pastime that eventually started his acting career. His hobby of bodybuilding culminated in a bid for the 1950 Mr. Universe title where he was placed third.

From his early acting days until his first superstar role, Sean's stardom was certainly not an over-night success story. From his first work in modelling, bit theatrical parts and chorus appearances, it was almost eight years before he was cast opposite Lana Turner in *Another Time, Another Place* (1958). It would be another four years before he first uttered those unforgettable words, “Bond, James Bond.”

Continued ....



## All about ..... Sean Connery continued

Connery skyrocketed to international fame as the suave, confident (and many say definitive) Secret Agent 007 in six of Ian Fleming's Bond movies over the next decade: Dr. No (1962), Goldfinger (1964), From Russia, With Love (1964), Thunderball (1965), You Only Live Twice (1967) and Diamonds are Forever (1971).

He then broadened his career with an Agatha Christie whodunit, *Murder on the Orient Express* (1974), John Huston's adaptation of Rudyard Kipling's adventure, *The Man Who Would Be King* (1975), the medieval romance, *Robin and Marian* (1976) and Peter Hyams' sci-fi film, *Outland* (1981). He resurfaced as a much wiser and more mature Bond in the 1983 adventure, *Never Say Never Again*.

The 90's brought such great films as *The Hunt for Red October* (1990, as a Russian sub-commander); 1993's *Rising Sun* (as an expert in all things Japanese); *Dragonheart* (1996) and the successful contemporary action dramas *Just Cause* (1995) and *The Rock* (1996).

In 1999, Connery starred in and produced *Entrapment*, a love story-thriller, co-starring Catherine Zeta-Jones. The year 2000 brought what many have said to be one of his best films, *Finding Forrester*.

Connery officially retired from acting in 2006, although he briefly returned for voice over roles in 2012.

His achievements in film were recognised with an Academy Award, two BAFTA Awards (including the BAFTA Fellowship), and three Golden Globes, including the Cecil B. DeMille Award and a Henrietta Award. In 1987, he was made a Commander of the Order of Arts and Letters in France and he received the US Kennedy Center Honors lifetime achievement award in 1999. Connery was knighted in the 2000 New Year Honours for services to film drama.

In 2004, Connery was polled in the *Sunday Herald* as "The Greatest Living Scot" and in a 2011 EuroMillions survey as "Scotland's Greatest Living National Treasure". He was voted by *People* magazine as the "Sexiest Man Alive" in 1989 and the "Sexiest Man of the Century" in 1999. When advised of the award, Sean seemed to be unaffected as he replied, "Well there aren't many sexy dead men, are there."!



Connery at a Tartan Day celebration in Washington, D.C. When knighted by Queen Elizabeth II in 2000 he wore a green and black hunting tartan kilt of

continued .....





## All about ..... Sean Connery continued

Connery was a keen footballer, having played for Bonnyrigg Rose in his younger days. He was offered a trial with East Fife. While on tour with *South Pacific*, Connery played in a football match against a local team that Matt Busby, manager of Manchester United, happened to be scouting. According to reports, Busby was impressed with his physical prowess and offered Connery a contract worth £25 a week (equivalent to £703 in 2019) immediately after the game. Connery said that he was tempted to accept, but he recalled "I realised that a top-class footballer could be over the hill by the age of 30 and I was already 23. I decided to become an actor and it turned out to be one of my more intelligent moves."



Sean Connery photographed during the filming of 'Goldfinger' by Guy Hamilton in 1964.

Source: seanconnery.com and wikipedia.com

## Quiz 1

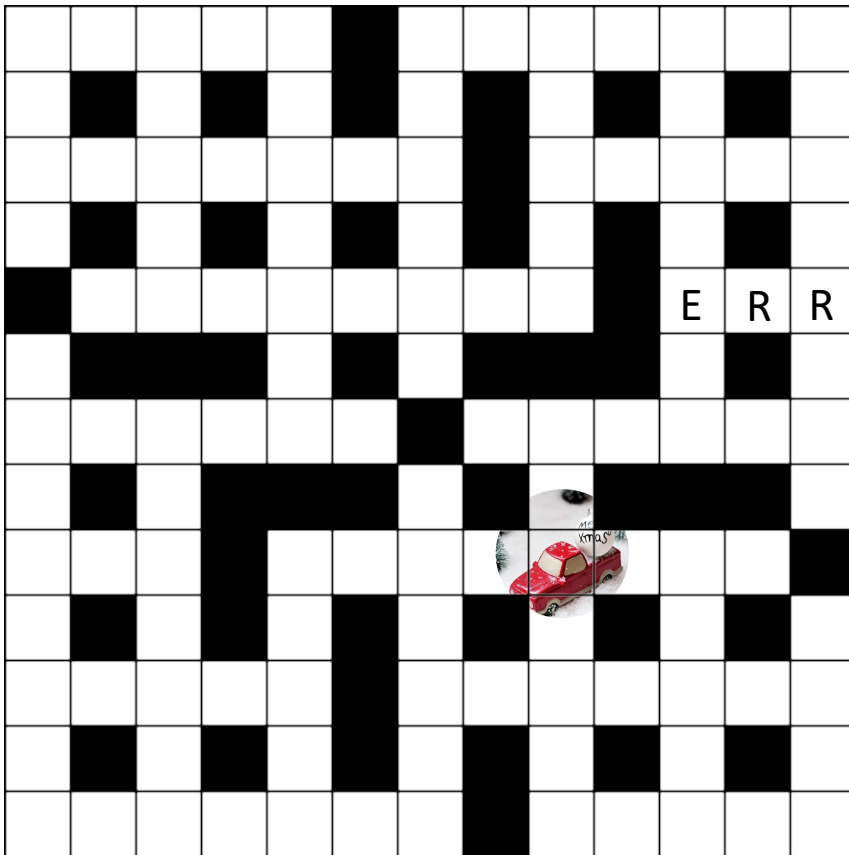
Having read the above, see how much you can remember ....

1. Where was Sean Connery born?
2. In what year was he knighted?
3. What was the name of the film he appeared in with Lana Turner?
4. How many Bond films did Sean Connery appear in?
5. Can you name them?
6. Name three of the jobs Connery did on leaving the Navy.



## Quiz 2 - Word-fit Crossword

Can you fit the words on the right into the grid? To help you get started, we've placed one of the 3 letter words.



### 3 letter words

EGG  
ERR

### 4 letter words

ACTS  
RICE

### 5 letter words

ADAGE  
GUSTS  
NOTES  
PAUSE  
PEDAL  
RAPID  
STEER  
UNION

### 6 letter words

ENVIED  
ESSAYS  
RHYTHM  
SEESAW

### 7 letter words

CADENCE  
DENSITY  
EMINENT  
ENSURED  
HOUSING  
IDIOTIC  
SAPIENT  
SIGNALS

### 8 letter words

BEVERAGE  
SANGUINE  
TANTRUMS  
ULTIMATE





## Visual Illusions

Can you find the animals? One creature usually looks to the left and the other looks to the right.?



Can you see both the frog and the horse?

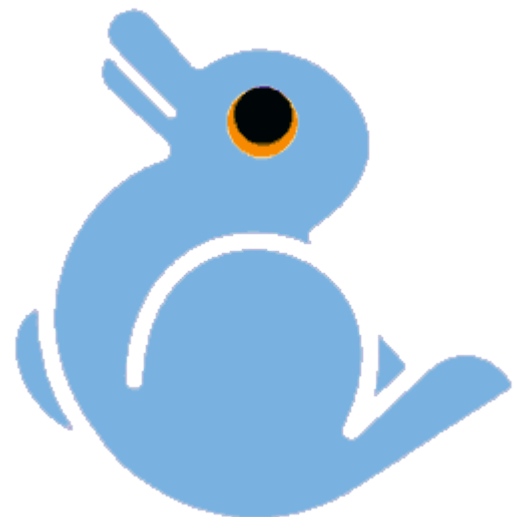


Most of the people see a donkey first, but if you look closer you'll find a seal, with its flippers where the donkey's ears are!



© G. Sirocco, LA. 2000

Is that a polar bear or a seal?



Can you find both a rabbit and a duck?



### Quiz 3 - Alphabet Quiz A - Z

Two clues are given for each , although the answer is the same,.



- A. A type of tree with hard pale wood. The residue left after a fire.
- B. To put up with or tolerate. A small stream.
- C. Australian term for unwell. A bend at the elbow in a person's arm.
- D. A domesticated animal. To follow closely or persistently.
- E. The female reproductive cell in animals. Urge or encourage someone to do something foolish or risky.
- F. The coat of a sheep. To defraud someone of money or property.
- G. Eat frequent snacks or irregular meals. A superficial skin injury.
- H. Part of the head of a gold club nearest the shaft. A dishonourable man.
- I. A religious painting, usually on wood. A symbol.
- J. An improvised performance by a group of musicians. Squeeze or pack tightly into a space.
- K. A long—winged bird of prey with a forked tail. A bank cheque fraudulently altered to show a larger amount.
- L. A selvedge or border of a piece of fabric. Lean over to one side.
- M. A heavy club with a metal head and spikes. The spice made from the fleshy covering of the nutmeg seed.





### Quiz 3 - Alphabet Quiz continued

- N. A city in the southeast of France. A coconut flavoured biscuit.
- O. The seventh day after a church festival day. A series of eight musical notes.
- P. A type of knitting stitch. A large area of flat land with a few trees.
- Q. A square dance usually performed by four couples. A card game played by four players with a deck of 40 cards.
- R. A horse's gait between a trot and a canter. A framework for holding or storing things.
- S. A pointed post which is drive into the ground. A sum of money gambled in a game or venture.
- T. A domestic cat with a striped or mottled coat. A building material made with shells, lime, sand and water.
- U. A lightweight hand-held collapsible canopy. A type of insurance policy.
- V. The upper part of a boot or shoe. A woman who uses sexual attraction to exploit men.
- W. A curl or ring of smoke or cloud. An arrangement of flowers for a grave.
- X. The Japanese name for the Playstation game 'Devil Dice'. The fourteenth letter of the Greek alphabet.
- Y. Give way under pressure. Produce an agricultural product.
- Z. A British Ford motor car. A light breeze.



## Words that don't mean what they used to

**Alienate**, like *alien*, is derived from the Latin word *alienus*, which was used to describe anything that was unfamiliar, unconnected, or foreign. And when alienate first appeared in English as a legal term in the mid-1400s, it meant to transfer ownership of some property over to someone else, so that it is now “foreign” or “unconnected” to you. It’s from here that the modern meaning of “estrangement” or “distance” eventually developed.

**Ambidextrous** literally means “able to use both hands as well as you can use your right or left.” It certainly isn’t its earliest meaning though. When it first began to be used in English in the mid-16th century, an *ambidexter* was someone who took bribes from both sides in a legal action and as such *ambidextrous* originally meant “duplicitous” or “two-faced.”

**Bunny** derives from *bun* - which was an old English word for a squirrel, not a rabbit.

**Cheap**: The use of *cheap* to mean “low-cost” is a relatively recent invention that dates back about 500 years. That might not sound *all that* recent, but compare that to the fact that the earliest record of the word *cheap* in any context dates from the 9th century, when it originally meant something along the lines of simply “trade” or “bargaining” or “marketplace.” Likewise, to *cheapen* something originally meant to ask how much it costs.

**Down in the dumps**: Nowadays when we say we’re “down in the dumps,” we mean that we’re in a gloomy, low-spirited mood. But the original *dump* from which this derives was actually an old Tudor English word for an absent-minded day-dream, or a dazed, puzzled state of mind, not a depressive one. In that sense, it probably has its roots in an earlier old Dutch word, *domp*, meaning “haze” or “mist.”

**Explode**: The *-plode* of *explode* is derived from the same root as *applaud* - it originally meant “to jeer a performer off a stage.”

**Fantastic**: The link between *fantastic* things and absolute *fantasy* was once much closer than it is today. *Fantastic* originally meant “existing only in the imagination,” or in other words “unreal” or “based on fantasy.” Because *fantastic* things like these would be so extraordinary or bizarre, eventually the word became attached more loosely to weird and fanciful and ultimately impressive or wonderful things.







## Quiz 4 - Mixed-up Christmas Films

Solving the anagrams will lead to popular Christmas films. The number of words in each title are given in brackets.

1	Mr single (8)	
2	Teaches a sultan (3,5,6)	
3	Smith wrist ache (5,9)	
4	The chalk cled (4,3,,5,)	
5	Landscape grit (7,6)	
6	A definite wolf slur (3,1,9,4)	
7	A valley clout (4,8)	
8	Charcoal arm sits (1,9,5)	
9	Enemies omit lust (4,2,2,2,5)	
10	March sitars hurt (6,9)	
11	Holy indian (7,3)	
12	One ham ole (4,5)	
13	Choirmaster fuss (4,12)	
14	Rich home mislabel frost (3,2,4,3,9)	
15	Barman run test (6,7)	



## Quiz 4 - Mixed-up Christmas Films continued

16	Hot newsman (3,7)	
17	Coders go (8)	
18	Prophetess relax (3,5,7)	
19	A ant dabs (3,5)	
20	A mismatching score (3,5,9)	
21	A chessman tests rivers (6,5,9)	
22	Ivy titan (8)	
23	The shark hells (5,3,5)	
24	Giant jelly whale (6,3,3,3,)	







## Activity - Spot the Difference

Can you spot the 8 differences between these two pictures?





## Conflicting Proverbs!

A proverb is an age old gem of wisdom passed down over the generations. However, here are some where the ancients appear to have disagreed:

Look before you leap.  
He who hesitates is lost.

Absence makes the heart grow fonder.  
Out of sight, out of mind.

The pen is mightier than the sword.  
Actions speak louder than words.

Birds of a feather flock together.  
Opposites attract.

Many hands make light work.  
Too many cooks spoil the broth.

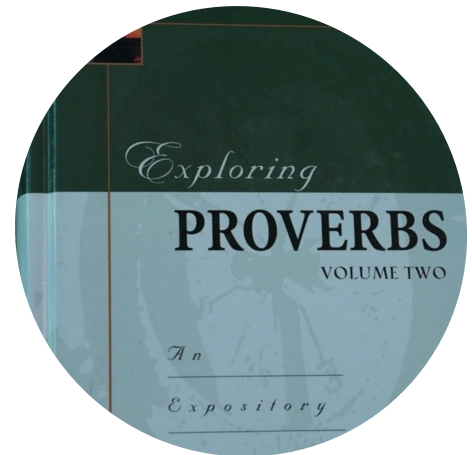
You're never too old to learn.  
You can't teach an old dog new tricks.

It's better to be safe than sorry.  
Nothing ventured nothing gained.

Don't look a gift horse in the mouth.  
Beware of Greeks bearing gifts.

Don't judge a book by its cover.  
Clothes make the man

More haste, less speed.  
Time waits for no man.







## Quiz 5 - Happy Christmas

Below is a list of translations of “Happy Christmas” in various languages. Do you know them, or can you work them out?





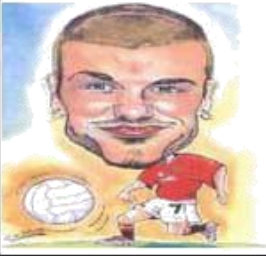






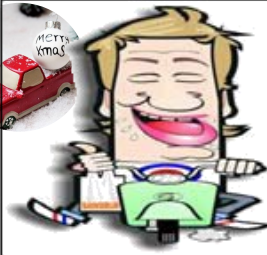



1. Boldog Karácsonyt
2. Nollaig Shona duit
3. Feliz Natal
4. Joyeux Noel
5. Buon Natale
6. Veselé Vianoce
7. Fijne kerst
8. Frohe Weihnachten
9. Nadolig Llawen
10. Wesolych Świąt
11. Ukhisimusi Omuhle
12. Hyvää joulua
13. Selamat Hari Natal
14. Mutlu Noeller
15. Craciun fericit
16. Kirihimete koa
17. Feliz Navidad
18. Nollaig Chridheil



## Quiz 6 - Caricatures

Do you recognise these well-known faces?

				
01	02	03	04	05
				
06	07	08	09	10
				
11	12	13	14	15





## Poem by Henry Wadsworth Longfellow

### “I heard the bells on Christmas day”

I heard the bells on Christmas day  
Their old familiar carols play,  
And wild and sweet the words repeat  
Of peace on earth, good will to men.

I thought how, as the day had come,  
The belfries of all Christendom  
Had rolled along th'unbroken song  
Of peace on earth, good will to men.

And in despair I bowed my head:  
'There is no peace on earth, ' I said  
'For hate is strong, and mocks the song  
Of peace on earth, good will to men.'

Then pealed the bells more loud and deep:  
'God is not dead, nor doth He sleep;  
The wrong shall fail, the right prevail,  
With peace on earth, good will to men.'

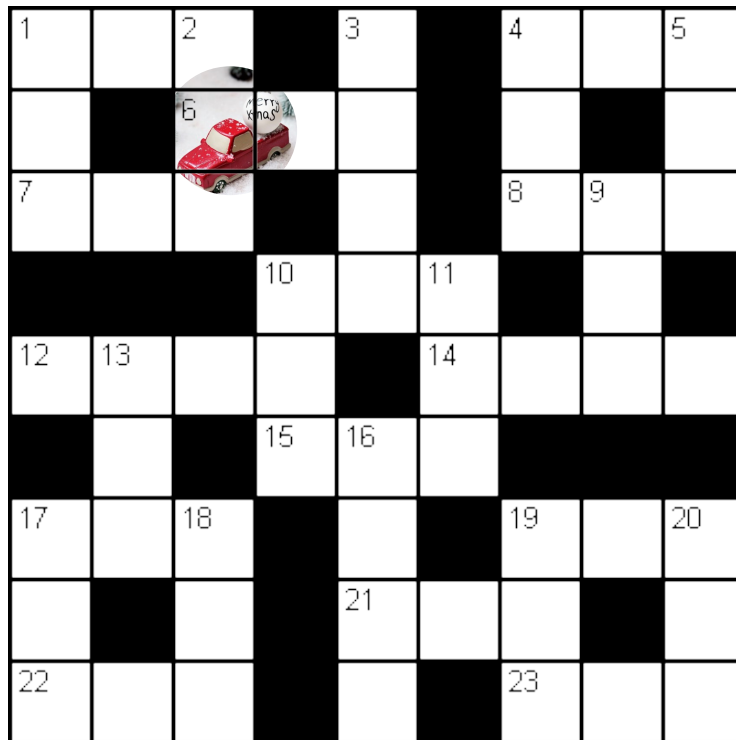
Till, ringing, singing on its way,  
The world revolved from night to day  
A voice, a chime, a chant sublime,  
Of peace on earth, good will to men.







## Activity - Number Crossword



### ACROSS

1. 8 across doubled
4. Months in nine years
6. Seconds in 3 minutes
7. 12 across divided by six
8. 17 across plus 10
10. 7 across plus two
12. Minutes in 3 days
14. 22 across doubled
15. 20 down plus a dozen
17. 6 across minus eighteen
19. Months in eleven years
21. Six times 4 down
22. 19 down times five
23. Months in ten years

### DOWN

1. 18 down plus fifty-two
2. 1 down plus sixty-three
3. 1 across times three
4. 4 across minus seven
5. 9 down plus 161
9. 21 across plus 115
10. 5 down minus 180
11. 15 across minus forty
13. 2 down minus twenty-four
16. Five times 3 down
17. 19 across plus six
18. 11 down plus eighty-three
19. 23 across plus forty-one
20. Minutes in 4 hours



## Quiz 7 - True or False

1. Charlie Chaplin came first in a Charlie Chaplin look-alike contest
2. Michael Keaton's real name is Michael Douglas
3. Napoleon was of below-average height
4. Donald Duck's middle name is Fauntelroy
5. According to Scottish law, it is illegal to be drunk in charge of a cow
6. The Great Wall of China is visible from space
7. The first tea bags were made of silk
8. Meghan Markle's first name is Rachel
9. Warsaw is the capital of Bulgaria
10. The Statue of Liberty was a gift from France
11. A metre is further than a yard
12. A woman has walked on the moon
13. Flying in an aeroplane is statistically safer than driving in a car
14. John Challis plays Boycie in Only Fools and Horses
15. Valletta is the capital of Cyprus
16. The currency of France is the Franc
17. Ben Nevis is the tallest mountain in the UK
18. Radiohead wrote the song Love is All Around







## Quiz 8 - How well do you know your Pantomimes?



1. From which side of the stage do the 'goodies' in a panto normally appear?
2. In which panto would you find the character King Rat?
3. In Jack & the Beanstalk what does Jack receive in exchange for his cow?
4. What name is given to the leading man in a panto, usually played by a woman?
5. What is the name of the father of Cinderella and the Ugly Sisters?
6. What is the occupation of the Seven Dwarfs who befriend Snow White?
7. What is Aladdin's mother called?
8. In which panto does Buttons appear?
9. In which pantomime do Robin Hood and Maid Marion appear?
10. What told Dick Whittington to 'turn back'?
11. In Disney's Aladdin the villain was known as JAFFAR but by what name is he traditionally known in panto?
12. What is the most popular panto?
13. What phrase does the Giant in 'Jack and the Beanstalk' use when he can smell Jack?
14. From what does the Fairy Godmother create Cinderella's footmen?
15. What is the name of Aladdin's brother?
16. In what Pantomime does Princess Marcella appear in?
17. What is Jack's mother normally known as in Jack and the Beanstalk?
18. The tale Aladdin originates from which set of stories?
19. What is the name of Prince Charming's assistant?
20. Who eats the Gingerbread House?





## Activity - Sudoku

			7	3	1			
4						6		
7			4			8		
		4	3	9				6
	3				8		2	
			8		5		7	
1				2		5		
	7	2	6	4			1	

EASY



	4					5		
	8	3			2			
		1						
	2		6					9
7		9					3	
8				5	1		2	
	1		2	8				7
				9		4		
	5	2	7			9		

	2		5				3	9
	5			9				
			1	2				
	8	5	3				9	
9	7				8			
						6		
			9	4		2	8	
6		1						

MEDIUM



4	9		8				7	
	7			2	4			
			6				2	3
	5	9						
	2				6			
				3			8	
	8		1	6	7	5		
				5		7		
							9	

			5		8		6	
				7		8		3
			1	2	3			
8	4	1		3				
		6		8				
	2							8
	6	2					4	
		3			4	7	9	
1	7				2		8	

HARD

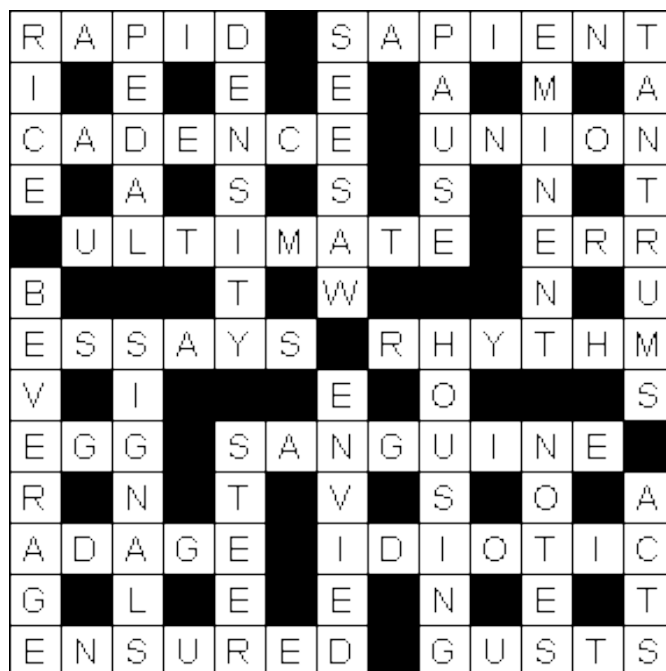


	6						2	8
	8							1
			3		9	4		
1			6				5	
						8		
	5				2			9
3			4					
5								
6			1	3				5

## Quiz 1

1. Edinburgh
2. 2000
3. Another time, another place
4. Six
5. Dr. No, Goldfinger, From Russia with Love, Thunderball, You Only Live Twice and Diamonds are Forever
6. Bricklayer, lifeguard and coffin polisher

## Quiz 2



## Quiz 3 - Alphabet

- |           |         |              |           |
|-----------|---------|--------------|-----------|
| A. Ash    | H. Heel | O. Octave    | V. Vamp   |
| B. Brooke | I. Icon | P. Plain     | W. Wreath |
| C. Crook  | J. Jam  | Q. Quadrille | X. Xi     |
| D. Dog    | K. Kite | R. Rack      | Y. Yield  |
| E. Egg    | L. List | S. Stake     | Z. Zephyr |
| F. Fleece | M. Mace | T. Tabby     |           |
| G. Graze  | N. Nice | U. Umbrella  |           |



## Quiz 4 - Anagrams - Christmas Films

- |                          |                               |                            |
|--------------------------|-------------------------------|----------------------------|
| 1. Gremlins              | 10. Arthur Christmas          | 18. The Polar Express      |
| 2. The Santa Clause      | 11. Holiday Inn               | 19. Bad Santa              |
| 3. White Christmas       | 12. Home Alone                | 20. One Magic Christmas    |
| 4. Deck the Halls        | 13. Four Christmasses         | 21. Ernest Saves Christmas |
| 5. Trading Places        | 14. I'll be home or Christmas | 22. Nativity               |
| 6. It's a Wonderful Life | 15. Batman Returns            | 23. Shrek the Halls        |
| 7. Love Actually         | 16. The Snowman               | 24. Jingle all the way     |
| 8. A Christmas Carol     | 17. Scrooged                  |                            |
| 9. Meet me in St Louis   |                               |                            |



## Spot the Difference







## Answers

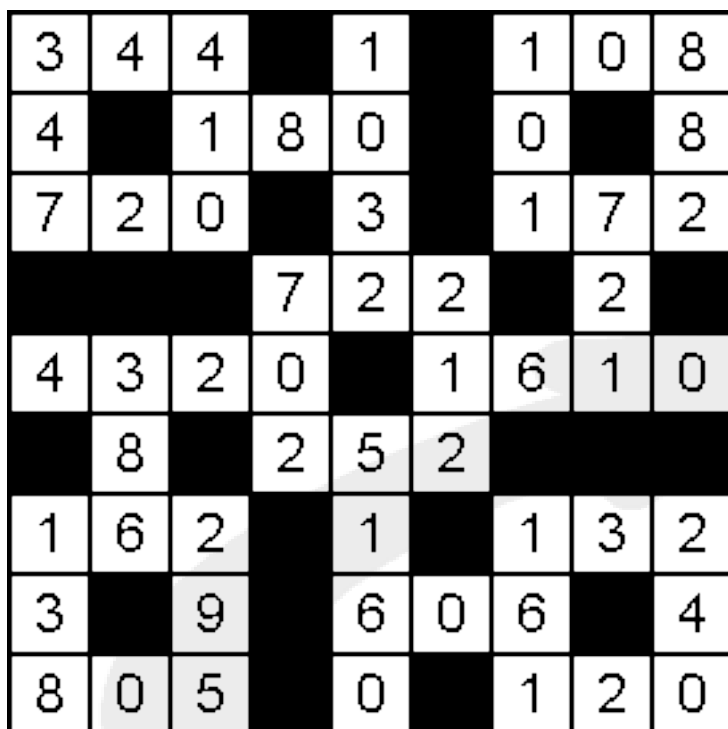
### Quiz 5 - "Happy Christmas"

- |               |            |              |                     |
|---------------|------------|--------------|---------------------|
| 1. Hungarian  | 6. Slovak  | 11. Zulu     | 16. Maori           |
| 2. Irish      | 7. Dutch   | 12. Finish   | 17. Spanish         |
| 3. Portuguese | 8. German  | 13. Malay    | 18. Scottish Gaelic |
| 4. French     | 9. Welsh   | 14. Turkish  |                     |
| 5. Italian    | 10. Polish | 15. Romanian |                     |

### Quiz 6 - Caricatures

- |                    |                   |                    |
|--------------------|-------------------|--------------------|
| 1. George Clooney  | 6. Will Smith     | 11. Clive Anderson |
| 2. Snoop Doggy Dog | 7. David Beckham  | 12. Ally G         |
| 3. Jack Nicholson  | 8. Saddam Hussein | 13. Steve Coogan   |
| 4. Mike Reid       | 9. Cilla Black    | 14. Jamie Oliver   |
| 5. Michael Caine   | 10. Bob Geldof    | 15. John Prescott  |

## Activity - Number Crossword





## Answers

### Quiz 7 - True or False

1. False – he came third
2. True
3. False – at 5 ft 7 in he was slightly above average height for the time
4. True
5. True
6. False
7. True
8. True
9. False. Sofia is the capital of Bulgaria and Warsaw the capital of Poland.
10. True
11. True
12. False
13. True
14. True
15. False (It's Malta)
16. False (It's the Euro)
17. True

### Quiz 8 - Pantomimes

1. Stage Right
2. Dick Whittington
3. Magic Beans
4. Principal Boy
5. Baron Hardup
6. Miners
7. Widow Twankey
8. Cinderella
9. Babes in the wood
10. The Bells of London
11. Abanazar
12. Cinderella
13. Fe-Fi-Fo-Fum I smell the blood of an Englishman
14. Mice
15. Wishee Washee
16. Sleeping Beauty
17. Dame Trott
18. The Arabian Nights
19. Dandini
20. Hansel & Gretel

## Answers - Sudoku



6	8	9	7	3	1	2	4	5
4	5	1	2	8	9	6	3	7
7	2	3	4	5	6	8	9	1
8	1	4	3	9	2	7	5	6
9	3	7	5	6	8	1	2	4
2	6	5	1	7	4	3	8	9
3	9	6	8	1	5	4	7	2
1	4	8	9	2	7	5	6	3
5	7	2	6	4	3	9	1	8

EASY



2	4	7	3	6	9	5	8	1
5	8	3	1	7	2	6	9	4
6	9	1	8	4	5	2	7	3
1	2	5	6	3	7	8	4	9
7	6	9	4	2	8	1	3	5
8	3	4	9	5	1	7	2	6
9	1	6	2	8	4	3	5	7
3	7	8	5	9	6	4	1	2
4	5	2	7	1	3	9	6	8

1	2	4	5	6	7	8	3	9
7	5	3	8	9	4	1	6	2
8	6	9	1	2	3	4	5	7
4	8	5	3	1	2	7	9	6
3	1	6	4	7	9	5	2	8
9	7	2	6	5	8	3	1	4
2	9	8	7	3	1	6	4	5
5	3	7	9	4	6	2	8	1
6	4	1	2	8	5	9	7	3

MEDIUM



4	9	2	8	1	3	6	7	5
6	7	3	5	2	4	9	8	1
8	1	5	6	7	9	2	3	4
3	5	9	7	8	1	4	6	2
1	2	8	4	9	6	3	5	7
7	4	6	2	3	5	8	1	9
9	8	4	1	6	7	5	2	3
2	3	1	9	5	8	7	4	6
5	6	7	3	4	2	1	9	8

2	3	7	5	4	8	1	6	9
4	1	5	9	7	6	8	2	3
6	9	8	1	2	3	4	5	7
8	4	1	2	3	5	9	7	6
3	5	6	7	8	9	2	1	4
7	2	9	4	6	1	5	3	8
9	6	2	8	5	7	3	4	1
5	8	3	6	1	4	7	9	2
1	7	4	3	9	2	6	8	5

HARD



4	6	3	5	7	1	9	2	8
9	8	7	2	6	4	5	3	1
2	1	5	3	8	9	4	7	6
1	3	9	6	4	8	7	5	2
7	2	6	9	5	3	8	1	4
8	5	4	7	1	2	3	6	9
3	9	1	4	2	5	6	8	7
5	7	2	8	9	6	1	4	3
6	4	8	1	3	7	2	9	5